

Dr Matt Lyons

Date of Consultation: \_\_\_\_\_

HIP INJURY ASSESSMENT FORM

Name: \_\_\_\_\_

Height: \_\_\_\_\_

Occupation: \_\_\_\_\_

Weight: \_\_\_\_\_

Which hip is affected? (Please circle)

RIGHT / LEFT

If both, which is worse?

RIGHT / LEFT

Please mark on the image where pain is experienced?



How long has your hip been bothering you? \_\_\_\_\_

What are the main issues and restrictions you have experienced? \_\_\_\_\_

**What symptoms have troubled you in the past 2 weeks?**

- |                                   |                                    |
|-----------------------------------|------------------------------------|
| Pain                              | Stiffness                          |
| Grinding                          | Catching                           |
| Difficulty putting on shoes/socks | Difficulty getting in/out of a car |
| Difficulty going up stairs        | Difficulty going down stairs       |
| Difficulty sleeping               | Other: _____                       |

**What treatments have you had for your hip?**

- |                     |               |              |
|---------------------|---------------|--------------|
| Pain killers        | Physiotherapy | Injections   |
| Anti-Inflammatories | Surgery       | Other: _____ |

**If you have had previous surgery, please list surgeon, procedure and date of surgery:**

\_\_\_\_\_

**Have you injured your hip in the past? If yes, please describe:** \_\_\_\_\_

\_\_\_\_\_

**What activities do you wish to resume after your treatment?** \_\_\_\_\_

\_\_\_\_\_

**What are your expectations from today's consultation?** \_\_\_\_\_

\_\_\_\_\_